

Breastfeeding Resource Center

www.BRC4Babies.com

1355 Old York Rd. Suite 101, Abington, PA 19001 * 215-886-2433
987 Old Eagle School Rd. Suite 705, Wayne, PA 19087 *484-582-6682

Welcome to the BRC!

We are so glad that you scheduled an appointment. We look forward to working with you and your baby! Here is some information about what to expect and what to bring with you.

Where are we located?

Breastfeeding Resource Center – Abington Office
1355 Old York Road
Suite 101
Abington, PA 19001

- We are located directly across the street from the Abington Hospital's Ziplely Garage. However, we are not affiliated with the Abington Hospital
- We are in a small brick/stucco office building at the corner of Old York Rd. and Keith Rd. You will need to turn on Keith road to enter our parking lot. Parking is free. We are in the same building with Abington Chiropractic, and their sign (with a picture of spine) is visible above our sign.

For consultations: Come around to the front of the building on Old York Rd and come down the steps or the ramp to get to the first floor.

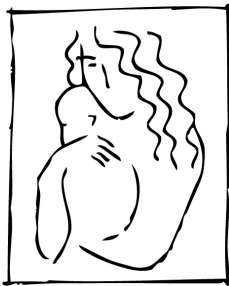
****We ask that you use our front entrance for this and all subsequent visits. We will direct you to our back entrance at the end of your consultation. This allows us to follow CDC social distancing guidelines.**

For in person support groups or classes: Enter the building from the parking lot near the accessibility ramp and walk up the steps to the 3rd floor.

****Unfortunately, there is no elevator to the 3rd floor, so please do not bring a stroller.***

What should you bring?

1. A hungry baby.
2. A few clean diapers and two receiving blankets
3. If you are supplementing or concerned about your milk supply; please bring your breastpump and a bottle of expressed milk or formula.
4. If you are using a nipple shield, bring that also.



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What happens during a typical consultation?

- We will take a brief history and weigh your baby. We will observe a feeding and assist you with latch and positioning if necessary. We will work to improve your comfort if you are experiencing pain. We will weigh your baby after they nurse to measure their milk intake at the breast. We will come up with a care plan to help you be successful at home as well!
- It's very important that you bring a hungry baby, so we can observe a full feeding. We suggest starting a feeding about 2 hours prior to your scheduled consultation time, so that your baby is read for another feeding when you arrive.
- A consultation typically takes 1 – 1.5 hours. A report is sent to your doctor and your baby's doctor.

Insurance and payment:

The BRC is in-network with Independence Blue Cross (Personal Choice, Keystone Health Plan East, Independence Administrators, AmeriHealth) and Aetna. When filling out your online medical records it's imperative that you upload a copy (front and back) when completing your paperwork prior to your visit

If you don't have an in-network plan and are required to pay out of pocket, we accept. Cash, check, Visa or Mastercard and Discover

*No American Express. If you would like to submit a claim to your insurance company, we will provide you with a detailed receipt.

If you have an out-of-the-network plan, we recommend you call Member Services and discuss your lactation benefits. Our Tax ID is 23-3049543

For you convenience, the BRC has a selection of:

Nursing bras
Hands free pumping bras
Nursing shirts
The Haakaa pump
Medela & Spectra pump parts
Breastmilk storage bags
Bra pads
And more!

Many of our staff members are certified bra fitters!