

DEVELOPMENTAL MILESTONES

As a child grows, they learn skills that mark stages of typical development. Here are some milestones typically achieved in the first year...

BIRTH TO 3 MONTHS

Sustained grasp begins to emerge and babies start to have better head and neck control while on their tummy. They communicate by crying, whimpering, and cooing.



4 TO 6 MONTHS

Starting to roll over and tripod sit (like in the photo to the left). Babies will start reaching for things put in front of their eyes and play with toys in their hands instead of their mouths. They begin to coo and babble a bit more.

7-9 MONTHS

Crawling and standing without support begins. Babies will start using their fingers to hold toys and small foods. They can exchange sounds and gestures with people around them.



10-12 MONTHS

Walking and speaking single words begins. Babies can pinch with their fingers, hold food to bite, and drink from a straw. They can find hidden toys and look at tiny objects.



SALUS UNIVERSITY
Occupational Therapy Institute